

Other Resources

- **Info Line—Dial 211**

The person on the other end will be able to provide you with phone numbers for various community services.

- **Emergency — Dial 911**

- **Waterbury Hospital**

Crisis Center

203-573-6500

- **Safe Haven**

203-575-0036

- **Connecticut Legal Services**

203-756-8074

- **Poison Control**

1-800-343-2722

- *To report suspected child abuse and or neglect, please call 1-800-842-2288*



Take the first step

The Student Assistance Program is free and confidential to University of Connecticut students attending the Waterbury Branch.

Students may be able to access other Family Services of Greater Waterbury programs such as Anger Management classes, Parenting classes as well as psychiatric consultation.



Family Services of Greater Waterbury, Inc.
A Private, Not-for-Profit Agency with primary locations at:

34 Murray Street
Waterbury, CT 06710
Phone: 203-756-8317
Web address: familyservicesgw.org

16 Hillside Avenue
Naugatuck, CT 06770

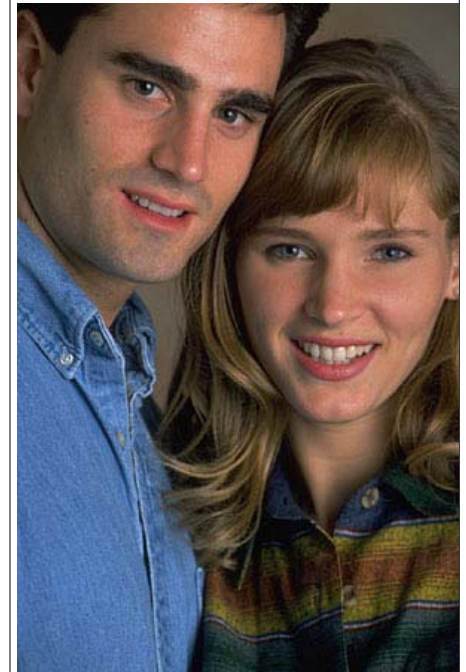
Family Services of Greater Waterbury is a Safe Place for everyone.

Summer/Fall 2006



Waterbury Branch

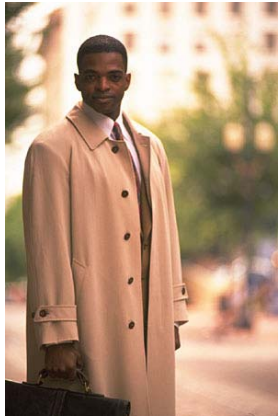
Student Assistance Program



**Provided by
Family Services of
Greater Waterbury, Inc.**

**Campus Office Room No. 236
Phone: 203-236-9817**

Counseling Services for Students



From time to time, we all need help, support, or affirmation. Sometimes students may experience difficulties that limit their abilities to enjoy life or obtain success. The Student Assistance

Program includes counseling services for students to help them confront and successfully overcome life's challenges and other forms of stress.

Confidential Services for Students

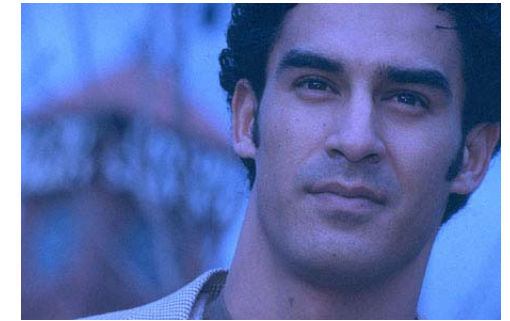
- Short-term individual counseling
- Crisis intervention
- Consultation
- Referrals
- Support Groups

Other Services

- Drop-in hours
- Classroom presentations
- Staff Trainings

Common issues that may concern students

- Starting college
- Relationship problems
- Stress Management
- Substance Abuse
- Grief and Loss
- Physical, emotional, sexual abuse
- Eating and or physical image concerns
- Anger Management
- Family Problems
- Time Management
- Life Transitions
- Sexual Orientation



Expectations

- A licensed professional Social Worker will meet with you and provide support and resources to assist you in working through your problems.
- All sessions are confidential unless the student gives written permission to disclose specific information or when statutory law mandates disclosure.

Cost

Services are free to University of Connecticut students. If your issues require long-term therapy, you may be referred to appropriate professionals through your health care insurance or through other services provided by Family Services of Greater Waterbury.

Appointment

Please call 203-236-9817 or visit room 236 during posted hours.